COURSE OUTLINE

ADVANCED VISCERAL COMPONENTS OF THE NECK AND THORAX (VMAT)

The Barral Institute

OUTLINE

- Visceral sheath of the neck (VSOTN): definition, concept and anatomical recap
- Retropharyngeal and retroesophageal space: palpation, mobility tests and general treatment
- Pharyngobasilar fascia (superior attachment of the VSOTN): mobility test and correction
- Hyoid suspensory apparatus: mobility tests of the stylohyoid ligaments and the floor of the mouth, and treatment
- Sagittal laminae of Charpy (posterior attachment of the VSOTN): mobility test and treatment
- Thyroid: anatomical and physiological recap, palpation, differential diagnosis, emotional connections and dysfunctions
- Thyropericardic ligament (inferior attachment of the VSOTN): mobility test and treatment
- Pharynx and tonsils: manual evaluation and treatment
- Thymic loge: link between thorax and neck, the role of the thymus, mechanical considerations, superior and inferior sternopericardic ligaments
- Esophagus, thoracic part: global mobility tests, tests and corrections of the upper (C6–T4) and lower (T4–T11) parts
- Thorax (the contents): mechanics, container–content relationship, levels of palpation and manual action, general and local listening, mobility tests
- Pleura and lungs: general pleural tests, pleural dome, general and specific corrections
- Recesses of the pleura: anterior (costomediastinal) and inferior (costodiaphragmatic)
- Mediastinal pleura, lung lobes and fissures
- Heart and pericardium: inspection and palpation, differential diagnosis, mobility tests of the heart
- Sternopericardic and vertebropericardic ligaments: mobility tests, shortening-balancing and stretching-listening techniques
- Hands-on practice of all techniques after the instructor's demonstration