COURSE OUTLINE

VISCERAL MANIPULATION: MANUAL THERMAL EVALUATION AND VISCEROEMOTIONAL RELATIONSHIPS (VM5)

The Barral Institute

OUTLINE

- The scientific understanding of body heat and the clinical significance of changes in surface temperature
- Manual Thermal Evaluation, an evaluation method developed by Jean-Pierre Barral
- Hand evaluation of tissue temperature as a complement to other forms of assessment
- Review of the body cavities and their relationship to the neuromusculoskeletal system
- Review of VM1–VM4 techniques and organ topography
- Introduction to Visceral Emotional Listening
- How emotions may relate to the organs and plexuses
- Evaluating how much emotion is a component of the patient's problem
- Working with energy loss and managing the therapeutic session
- Hands-on practice of all techniques after the instructor's demonstration