COURSE OUTLINE

VISCERAL MANIPULATION: THE PELVIS (VM3)

The Barral Institute

OUTLINE

- Review of VM1 and VM2: abdominal fascia, organs and the pressure system
- Pelvic pressure systems and the relationship of the pelvic/urogenital system with the abdominal cavity
- Biomechanics of the hard frame of the pelvis
- Sacrum and coccyx techniques
- Anatomy, biomechanics and function of the bladder, and bladder techniques
- Review of the kidneys; anatomy, biomechanics and function of the ureters, and ureter techniques
- Anatomy, biomechanics and function of the uterus, and uterus techniques
- Anatomy, biomechanics and function of the ovaries
- Anatomy, biomechanics and function of the prostate
- Anatomy, biomechanics and function of the rectum, and rectal techniques
- The pelvic plexus and listening techniques within the pelvic cavity
- Methods for differentiating between somatic and visceral causes of pelvic and low back problems
- Integration of the pelvis into the body, including lines of tension stacking
- Hands-on practice of all techniques after the instructor's demonstration