COURSE OUTLINE

PERIPHERAL NERVE MANIPULATION: LOWER BODY (NM3)

The Barral Institute

OUTLINE

- Physiology of the nervous system and characteristics of the lower limb's nervous system
- Dura mater release: upper spinal section
- Sciatic nerve at level L4–L5
- Intervertebral soft tissue manipulations in supine and prone positions
- Femoral, saphenous and obturator nerves: physiology, pathology and symptomatology
- Lateral cutaneous nerve of the thigh and its visceral connections
- Inguinal canal anatomy; iliohypogastric, ilio-inguinal and genitofemoral nerves
- Pudendal nerve and levator ani muscle (external techniques)
- Lower part of the sciatic nerve; medial and lateral plantar nerves
- Morton's disease and hallux valgus treatment
- Nervous system and its visceral connections, including the intercostal nerves
- Full body general treatment
- Practice, review and question and answer sessions